

Chinese Medicine's Standard vs. Western Medicine's

The standards that Chinese Medicine sets differ greatly from that of Western Medicine. In designing DRUGS for diseases, pharmaceutical companies mainly go by these guidelines:

1. Does the drug stop the disease?
2. What is the degree of damage caused by the drug's side effects?

Notice that the well-being of the patient is put second. Chinese Medicine takes a different approach. Here are the guidelines Chinese Medicine abides by when designing HERBAL remedies:

1. If a healthy person takes the herbs, there should be no side effects.
2. Does it benefit the patient?

In Chinese Medicine, if an herbal remedy has any detrimental effects to a healthy person, it is immediately discarded.

DRUGS and HERBS are to be distinguished from each other. Drugs are man made chemicals with powerful efficacious mode of action as well as dangerous side effects. Herbs are nature made foods with great healing properties and no side effects. A healthy person would never in his right mind take a drug, so why should a sick person be given any? A sick person's body is already in a weakened state. The side effects of a drug are sometimes worse than the disease itself. It would be correct to reason that a person would live longer by not taking the drug.

Western drugs do not cure diseases. They only suppress the symptoms of the disease while doing nothing to remove the underlying cause. In many instances, Western medicine does not even know the true cause of the disease. Furthermore, the drugs do not treat the patient, but the disease itself. Chinese Medicine looks for the cause and cure for the disease. Chinese Medicine also realizes every person is a special individual with unique disease symptoms. The herbal remedies prescribed for a patient is very personalized according to their own specific symptoms.

For example, two people with diabetes may exhibit slightly different symptoms. Therefore, they would each receive different herbal remedies. Western Medicine would just diagnose the diseases as diabetes and give insulin to each and every patient with diabetes.

To recapitulate, Western drugs treat symptoms and slowly wear down the body's internal organs. Chinese Herbal Remedies treat the cause of the disease, its symptoms, and allow the body to heal itself.

The main differences between Western and Chinese Medicine have just been discussed. Use your own judgment from the information presented to make your own health decisions. The ultimate goal of medicine in general is the same: to help us when we are ill and to improve the quality of our lives.